

Get-It-All.Net

BASS BLUES LICKS AND PROGRESSIONS

BOOK ON DEMAND

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TABLATURE REFERENCE

H Hammer On
P Pull Off
Bend
Bend and Release
Pre-bend
Slide Down
Slide Up

Vibrato
P.M. Palm Mute
Tremelo Pick
Trill
NH. Natural Harm
A.H. Artificial Harm
T R.H. Tap

BASS FRETBOARD MAP

G	G#	A	A#	B	C	C#	D	D#	E	F	F#	G
D	B#	E	F	F#	G	G#	A	A#	B	C	C#	D
A	A#	B	C	C#	D	D#	E	F	F#	G	G#	A
E	F	F#	G	G#	A	A#	B	C	C#	D	D#	E
0	1	2	③	4	⑤	6	⑦	8	⑨	10	11	⑫

(Past the 12th fret the pattern repeats starting with the 1st fret [13th fret = 1st fret])

PRACTICE TIPS

Here are some tips to aid you in mastering these bass blues licks:

1. Dedicate at least 30-60 minutes each day to playing the bass. As I'm sure you have heard before, practice makes perfect.
2. Always tune your bass before a practice session.
3. Warm up before playing. Stretch your fingers and wrists. Run through a few scales and chords that you know.
4. Always play with a metronome or other time keeping device.
5. Focus on 3-5 bass licks per week. Too much too fast can be discouraging...
6. When first starting to play a new lick, play it in slow motion, then gradually speed up to a point that you are in complete control, don't miss any notes, and stay in time. This is extremely important! The more you play slow, the more accurate you will be when you have the need to play fast.
7. Play each lick over and over until you don't have to think about where your fingers go when you play it.
8. When repeating a bass lick, try to think of something else while you are playing it. This will help place the pattern into your subconscious mind and put nature in charge from there.
9. When practicing a lick, go up and down the fretboard and play it in different positions on the neck.

BLUES PROGRESSIONS

The following blues progressions are covered in this lesson:

- The I-IV-V (1-4-5)
- The 8 Bar Blues
- The 12 Bar Blues
- A Variation of the 12 Bar Blues

Roman numerals are used to show which chord or key changes are used in a progression. The first (roman numeral I) is the root or key that the progression is in.

Here is an example with the root (the first note) of the progression in the key of A:

I	A
II	B
III	C
IV	D
V	E
VI	F
VII	G

When the progression changes, you simply substitute the key or chord that matches the roman numeral in the chart above. This will become more clear as you work through this lesson.

From the above example: I-III-VII (1-3-7) is A-C-G

The I-IV-V Progression

Most blues progressions use variations of the I-IV-V to build their structure. From the example above, the changes would be A-D-E. Using different combinations of the first, fourth, and fifth intervals give the unique sound and feeling of the blues.

Each of the roman numerals in the following formulas are for one complete measure. Hence, the 8 bar blues has 8 measures, and 8 key changes; the 12 bar blues has 12 measures, and 12 key changes. Only the I-IV-V interval changes are used.

Each measure is 4 counts or beats (4 quarter notes). Start playing these progressions using a single note in the appropriate key for four counts (1..2..3..4..). Use the bass fretboard map if you need assistance finding the right notes to match the progression. After you fully understand the progression, take the licks included in this expansion pack and apply them to the progressions. Pick one lick, and play the same finger pattern for

each change in the progression (changing the key of the lick by moving it up or down the neck, or up or down strings). The bass fretboard map will help you in finding the correct key if you need it. After you are comfortable playing the lick with the key changes, pick another one to mix with the progression. You can play these progressions with the same lick, licks you may already know, or mix and match any of the licks in this package.

The 8 Bar Blues

Formula: I-V-I-IV-I-V-I-IV

The 12 Bar Blues

Formula: I-I-I-IV-IV-I-I-V-IV-I-V

12 Bar Blues Variation

Formula: I-IV-I-I-IV-IV-I-I-V-V-I-I

0001

Musical notation for exercise 0001, featuring a bass clef, 4/4 time signature, and a single melodic line. The notes are G2, A2, B2, C3, D3, E3, F3, G3. Below the staff, the guitar fretboard is shown with fingerings: 5 on the 5th fret, 7 on the 7th fret, 5 on the 5th fret, 5 on the 5th fret, 7 on the 7th fret, and 5 on the 5th fret.

0002

Musical notation for exercise 0002, featuring a bass clef, 4/4 time signature, and a single melodic line. The notes are G#2, A#2, B#2, C#3, D#3, E#3, F#3, G#3. Below the staff, the guitar fretboard is shown with fingerings: 9 on the 9th fret, 10 on the 10th fret, 11 on the 11th fret, 9 on the 9th fret, 9 on the 9th fret, 7 on the 7th fret, and 8 on the 8th fret.

0003

Musical notation for exercise 0003, featuring a bass clef, 4/4 time signature, and a single melodic line. The notes are G2, A2, B2, C3, D3, E3, F3, G3. Below the staff, the guitar fretboard is shown with fingerings: 2 on the 2nd fret, 2 on the 2nd fret, 5 on the 5th fret, 2 on the 2nd fret, 5 on the 5th fret, and 5 on the 5th fret.

0004

Musical notation for exercise 0004, featuring a bass clef, 4/4 time signature, and a single melodic line. The notes are G#2, A#2, B#2, C#3, D#3, E#3, F#3, G#3. Below the staff, the guitar fretboard is shown with fingerings: 4 on the 4th fret, 6 on the 6th fret, 4 on the 4th fret, and 6 on the 6th fret.

0005

Musical notation for exercise 0005, featuring a bass clef, 4/4 time signature, and a single melodic line. The notes are G2, A2, B2, C3, D3, E3, F3, G3. Below the staff, the guitar fretboard is shown with fingerings: 0 on the open string, 0 on the open string, 2 on the 2nd fret, 0 on the open string, 2 on the 2nd fret, 3 on the 3rd fret, 2 on the 2nd fret, and 3 on the 3rd fret.

0006

Musical notation for exercise 0006, featuring a bass clef, 4/4 time signature, and a single melodic line. The notes are G2, A2, B2, C3, D3, E3, F3, G3. Below the staff, the guitar fretboard is shown with fingerings: 5 on the 5th fret, 7 on the 7th fret, 7 on the 7th fret, 5 on the 5th fret, 7 on the 7th fret, and 6 on the 6th fret. A slur is placed over the 5, 7, 7, 5 sequence. The letter 'H' is written below the staff.

0007

Musical notation for exercise 0007, featuring a bass clef, 4/4 time signature, and a single melodic line. The notes are G2, A2, B2, C3, D3, E3, F3, G3. Below the staff, the guitar fretboard is shown with fingerings: 0 on the open string, 0 on the open string, 0 on the open string, 3 on the 3rd fret, and 0 on the open string.

0008

Musical notation for exercise 0008, featuring a bass clef, 4/4 time signature, and a single melodic line. The notes are G2, A2, B2, C3, D3, E3, F3, G3. Below the staff, the guitar fretboard is shown with fingerings: 5 on the 5th fret, 5 on the 5th fret, 5 on the 5th fret, 5 on the 5th fret, 5 on the 5th fret, 0 on the open string, 4 on the 4th fret, and 5 on the 5th fret.

0009

Gtr I

5 7 5 7 5 7 5 3 0 0

0010

Gtr I

0 0 4 0 4

0011

Gtr I

2 2 2 2 2 2 0 0

0012

Gtr I

3 3 3 2 2 0 3 2

0013

Gtr I

0 0 3 0 2 0

0014

Gtr I

0 0 0 2 4 2 0

0015

Gtr I

7 7 5 8 8 8 5 7

0016

Gtr I

5 3 5 4 3 1 3 3

P

0017

Gtr I

T
A
B

2 4 4 4 2 4 5 4

0018

Gtr I

T
A
B

5 3 6 5 3 0

0019

Gtr I

T
A
B

7 5 7 6 5 5

0020

Gtr I

T
A
B

7 7 6 7 5 7

H

0021

Gtr I

T
A
B

5 7 9 0 7 0 2 5

0022

Gtr I

T
A
B

0 0 3 3 5 3

0023

Gtr I

T
A
B

0 0 7 7 5 5 7 7

0024

Gtr I

T
A
B

0 0 3 3 5 3

0025

Gtr I

T
A
B

0 0 4 0 2 4 0 2 4 0 2 4 0 2

0026

Gtr I

T
A
B

5 3 3 2 0

0027

Gtr I

T
A
B

5 7 7 5 7 5 7

0028

Gtr I

T
A
B

7 5 7 5 5 7

0029

Gtr I

T
A
B

0 7 5 7 5 7 5 7

P H H

0030

Gtr I

T
A
B

3 3 1 3 3

H

0031

Gtr I

T
A
B

5 3 0 3 0

0032

Gtr I

T
A
B

1 3 3 1 3 1

0033

Gtr I

5 7 5 7 5 3

0034

Gtr I

0 0 0 0 3 0 3

0035

Gtr I

7 7 7 7 5 5 7 5

0036

Gtr I

5 5 5 5 2 3 4 5

0037

Gtr I

5 5 7 5 5 5

0038

Gtr I

2 2 2 2 2

0039

Gtr I

3 3 2 0 3 3 2 3

0040

Gtr I

7 7 7 9 7 9

0041

Gtr I

5 5 3 3 1 1 0 0

0042

Gtr I

3 0 1 1 2 2

0043

Gtr I

1 1 5 3 3 5

0044

Gtr I

5 9 7 7 9 7

0045

Gtr I

3 3 2 2 3 3 4 4

0046

Gtr I

5 5 3 5 3 5

0047

Gtr I

3 2 3 4 5 2 5

0048

Gtr I

5 5 3 5 5 2 3 4

0049

Gtr I

T
A
E

0 0 1 2 0 0 1 2

0050

Gtr I

T
A
E

0 0 0 0 0 7 5 7

0051

Gtr I

T
A
E

7 7 7 7 7 7 5 7

H